



Aktivno starenje i digitalne vještine: *proADAS znanstveni priručnik*

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Xenios Polis. Kultura, Znanost i Akcija

Vodeći partner IO6

Okvir

2012: EU deklaracija
“Europska godina
aktivnog starenja”
2020-2030:
“Dekada zdravog
starenja” (WHO)

Ciljevi

- ✓ Diseminacija **rezultata vezanih** uz digitalnu pismenost seniora
- ✓ Diseminacija **znanstvene dimenzije** projekta

Kontinuirana suradnja
između **cooperation**
Xenios Polis i raznih
dionika (stručnjaci,
urednici teksta, ICT
stručnjaci, akademici
etc.)



ProADAS

Promotion of Active Digital Ageing Skills



Erasmus+ KA204-046895

Rezultati

Dijelova: 3
Poglavlja:
10
Stranica:
221



Metodologija

- ✓ Osnivanje **znanstvenog odbora**
- ✓ Osnivanje **stručnog odbora**
- ✓ Relativna **inovacija i materijali** za studije, istraživanja, znanstvene članke i istraživanja
- ✓ **Model** za definiranje stilova
- ✓ Korištenje **rezultata projekta**



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Model Paper

Reading through this model paper will explain the styles that you need to apply to your paper prior to submission.

The Title of the Paper Goes First, in Title Case and left aligned

Abstract: in Calibri 10pt throughout, using bold and italics as appropriate. Do not use any formatted styles other than bullets or numbers where required for lists. The paper should not exceed 5000 words, including the abstract, figures and references, and references should be in the Harvard style (see below for further details). The abstract should be between 300-350 words. The overall length of the paper, including tables, diagrams, charts, abstract and references must not exceed 10 pages.

Keywords: Include up to 6 keywords or key phrases. Choose these carefully.

1.Heading (Style Heading 1): Generally Introduction or Background

2. Page size

The proceedings are produced on A4 paper. The page margins are 2.54cm all round. Margins should be Fully Justified for main text, but Left Aligned for titles and headings.

3. Typeset text

Use normal capitalisation within the text and do not use bold face for emphasis. Italics are acceptable. All headings should use initial capitals only, excepting when using acronyms (be sure to define all acronyms before use). Avoid the use of footnotes. Endnotes are not permitted. Font should be Calibri 10pt.

3.1 Title and authors (Style Heading 2)

In the paper title only, the first letter of all words of 4 or more letters should be capitalised. Titles should not exceed 12 words in length.

Multiple authors from the same institution should appear as detailed at the start of the document. Multiple authors from different institutions should appear as:

Znanstveni I stručni odbor

Znanstveni odbor

- ✓ **Bokolas Vassilis**, PhD, znanstveni direktor, Xenios Polis
- ✓ **Fobelets Maaïke**, PhD, Vrije, Brusselsko sveučilište, **Belgia**
- ✓ **Kougioumtzis A. Georgios**, PhD, poslijediplomski program "Starenje I upravljanje kroničnim bolestima", Hellenic Open University / University of Athens, **Grčka**
- ✓ **Krikas Vangelis**, PhD, Program Evaluation Studies, Athens College
- ✓ **Prodromou Maria**, PhD, assist. Prof., Europsko sveučilište **Cipar**
- ✓ **Sitareniou Dimitra**, PhD, programski direktor, Xenios Polis
- ✓ **Sofologi Maria**, PhD, podstdoktorand, Odjela za rano djetinjstvo, Univerzitet Ioannina, Grčka
- ✓ **Theodoridou Katerina**, PhD, Direktor, R&D I upravljanje
- ✓ **Tricas-Sauras Sandra**, PhD, Université Libre de Bruxelles
- ✓ **Xiarchi Lamprini Maria**, PhDc., Fakultet o brizi, socijalnih skrbi, Univerzitet Borås (Högskolan I Borås), **Švedska**

Stručni odbor

- ✓ **Basianna Anna**, znanstveni istraživač, Xenios Polis
- ✓ **Charokopou Katerina**, Xenios Polis
- ✓ **Claeys Ann**, EUB
- ✓ **Mela Niki**, Xenios Polis
- ✓ **Papadopoulou Maria**, znanstveni suradnik, Xenios Polis
- ✓ **Skyrianou Martha**, Xenios Polis
- ✓ **Tsagidi Iro**, znanstveni suradnik, Xenios Polis
- ✓ **Tsintari Lena**, znanstveni suradnik, Xenios Polis
- ✓ **Tsivitanidou Olia**, CSI

Sadržaj

Teoretski okvir

Znanstveni radovi

- ❑ **SOCIAL BENEFITS OF ACTIVE AGEING IN A TRANSFORMING WORLD** (Stavros Parlalis)
- ❑ **THE ELDERLY, SOCIAL EXCLUSION AND THE VALUE OF COUNSELING** (Lamprini Maria Xiarchi, Georgios A. Kougoumtzis, Maria Sofologi)
- ❑ **ICT IN THIRD / FOURTH AGE AND DISTANCE COUNSELING** (Georgios A. Kougoumtzis, Eleni Dimopoulou, Stavros Kotsakis, Theodora Dellaporta)
- ❑ **ADDRESSING DIGITAL HEALTH LITERACY DEFICITS IN CYPRUS: THE 'I-HEAL' PROJECT** (Panayiota Constanti, Glykeria Kalamata)
- ❑ **NEW CHALLENGES IN NEUROREHABILITATION: FROM THE HEAD PROJECT TO THE S.CA.UNI.TO.ASPHI PROJECT** (Patrizia Ginri)



Intelektualni rezultati

- ❑ **IO1 Review paper & Research paper**, E-Seniori
- ❑ **IO2 Curriculum**, European University of Cyprus
 - Module 1 Prevencije psihičke, psihološke i emocionalne krhkosti , Italija-Belgija
 - Modul 2 Lažna prevencija, Grčka
 - Modul 3 Modul o prehrani, Hrvatska i Francuska
 - Modul 4 Mentalne bolesti u starijih, Cipar
 - Modul 5 Kardiovaskularna zdravlje i bolesti kod starijih, Cipar
- ❑ **IO3 Priručnik**, Erasmus Hogeschool Brussel
- ❑ **IO4-IO5 Media alati**, CSI
 - On-line tečaj
 - Mobilna aplikacija

LITERATURA



Iako to nije konačni cilj ove knjige, namjena proADAS priručnik je doprinjeti putem studija i znanstvenih radova koji su ovdje predstavljeni kao podloga za znanstveno mapirenje dinamičkog istraživanja na terenu kroz više dimenzionalni pristup



***Hvala na
pažnji!***